## The Portland Veterinary Medical Association

# HEALTH AND WELLNESS PLAN



### **HIGHLIGHTS:**

- o Options for small groups to get competitive rates and excellent benefits by being part of a larger group
- PPO (Preferred Provider Organiation) plan options as well as a high deductible HSA (Health Savings Account) eligible plan
- o Includes essential health benefits as required in Affordable Care Act plans
- o No exclusions for members with pre-existing conditions
- o Pre-Exposure Rabies Prophylaxis Injections and Rabies Titer Testing covered at 100%

## INTERESTED? COMPLETE A HEALTH QUESTIONNAIRE SEPTEMBER 2 - September 16

- Please answer questions thoroughly and completely
- Provide all contact information including personal email if different from business email
- Follow these step-by-step instructions:
  - Go to www.corporateplan.net and click on "forms" and click on the "PVMA Online Health Questionnaire" tab or the "PVMA Health Questionnaire - PDF" tab
  - 2. Use the form that works best for you and complete in full
  - 3. If choosing the online form, simply hit submit after completion, or
  - 4. If choosing the PDF form, print, scan and email the completed form to epunches@corpplan.net OR fax to 785.273.6850

#### **IMPORTANT NOTES:**

- to participate in the health plan, eligible members are required to complete the health questionnaire
- > completing the health questionnaire is not a commitment to enroll
- > open enrollment dates will be November 1-15
- effective date for health coverage will be January 1, 2020

Questions may be directed to **Kaw Valley Insurance** - 785.584.6043

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#### KEY COMPONENTS of the

## PVMA HEALTH INSURANCE PLAN

The <u>PHCS Network</u> includes more than 4,700 hospitals, 94,000 ancillary facilities, and almostone million health care professional service locations. Access the following link to check for providers: <a href="https://www.multiplan.com/webcenter/portal/Provide">www.multiplan.com/webcenter/portal/Provide</a> rSearch?Siteld=84524

If you would like to search for hospitals and clinics, follow these steps:

- 1. Click on link above
- 2. Click on "Change Network"
- 3. Re-select "PHCS"
- 4. Select "Hospital Only"
- 5. Search for the facility name

<u>Prescription Network</u> offers employees access to thousands of pharmacies to provide prescriptions at a cost-effective rate.